

JUNE 2023

Keeping an Open Mind

ONLINE SEMINAR

An open mindset refers to a tendency to be receptive to new ideas and information. In this session, we will explore how to keep an open mind about ourselves and others and the benefits of keeping an open mind.

Visit your home page starting June 20th

WEBSITE:

<https://helpwhereyouare.com/CompanyLogin/1572/NWM>

PASSWORD: FCAC

ALWAYS AVAILABLE | FREE | CONFIDENTIAL



EMPLOYEE ASSISTANCE PROGRAM